



Junior Year Check List for Academic Success

- ✓ Attend classes daily, complete and tender all assignments on time
- ✓ Maintain good study habits and distraction-free study area
- ✓ Participate in study/support group(s) of your peers
- ✓ Challenge yourself academically throughout the year
- ✓ Maintain consistent communication with school counselor regarding academic progression
- ✓ Maintain involvement with extracurricular activities
- ✓ Communicate career interests with your caretaker and counselor throughout the school year
- ✓ Seek out professional mentors, and/or internships in your area of interest
- ✓ Discuss academic plan with your caretaker, school counselor and case manager
- ✓ Work with school counselor to survey colleges/universities of interest
- ✓ Gather information from colleges/universities of interest, including brochures and catalogs
- ✓ Visit colleges/universities of interest and talk with friends who may know attendees at your college(s) of interest
- ✓ Register and prepare for the ACT/SAT
- ✓ Take the Prairie State Achievement Examination (PSAE) and perform your best
- ✓ Attend College and Resource Fairs and begin scholarship search
- ✓ Identify teachers to write letters of recommendations
- ✓ Take care of your health, get plenty of rest, exercise and nutrition
- ✓ Avoid using tobacco, alcohol, drugs and engaging in other risky behavior



Preparation + Planning + Action = Academic Success

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