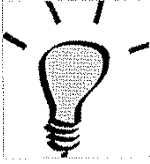
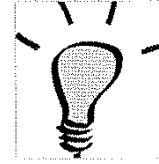


Stability for Children and Families Small Test of Change Worksheet



Plan- Do- Study- Act!



Don't forget the key is to start small – think of 1 or 2 families, 1 or 2 staff members, etc. and

- 1) Come up with a concrete plan – what can you do to improve your practice?
- 2) Put this plan into action- see how it works!
- 3) Study the results of your small test – what could you do differently the next time?
- 4) Adjust it based on what you learned and apply your test more broadly in the next Plan-Do-Study-Act cycle!

Idea for Small Test related to using the Handouts on Attunement and Management of Affect:

Ideas for Small Test related to Vicarious Trauma:

Ideas for Small Test related to analyzing a case for factors related to placement instability and explore ways to prevent it.
