

## Observation Checklist:

### What to Look for in Assessing Attachment and Bonding:

#### Birth to One Year

Does the child...?

Appear alert?

Respond to people?

Show interest in the human face?

Track with his eyes?

Vocalize frequently?

Exhibit expected motor development?

Signal discomfort?

Appear to be easily comforted?

Exhibit normal or excessive fussiness?

Appear outgoing or is he passive and withdrawn?

Have good muscle tone?

Does the parent...?

Respond to the infant's vocalizations?

Change voice tone when talking to or about the baby?

Engage in face to face contact with the infant?

Exhibit interest in and encourage age appropriate development?

Respond to the child's cues?

Demonstrate the ability to comfort the infant?

Enjoy close physical contact with the baby?

Initiate positive interaction with the infant?

Identify positive qualities in the child?

## Observation Checklist:

### What to Look for in Assessing Attachment and Bonding:

#### One to Five Years

Does the child...?

Explore his surroundings?

Respond positively to parents?

Keep himself preoccupied?

Show signs of reciprocity?

Seem relaxed and happy?

Look at people when communicating?

Show emotions in a recognizable model?

React to pain and pleasure?

Engage in age appropriately?

Use speech appropriately?

Respond to parental limit setting?

Demonstrate normal fears?

React positively to physical closeness?

Show a response to separation?

Note the parents' return?

Exhibit signs of pride and joy?

Show signs of empathy?

Show signs of embarrassment, shame of guilt?

Does the parent...?

Use disciplinary measures appropriate for child's age?

Respond to the child's overtures?

Initiate affection?

Provide effective comforting?

Initiate positive interactions with the child?

Accept expressions of autonomy?

See the child as positively "taking after" a family member?

Seem aware of child's cues?

Enjoy reciprocal interactions with child?

Respond to child's affection?

Set age appropriate limits?

Respond supportively when the child shows fear?

## Observation Checklist:

### What to Look for in Assessing Attachment and Bonding:

#### Grade School Years

Does the child...?

Behave as though he likes himself?

Show pride in accomplishments?

Share with others?

Accept adult imposed limits? Verbalize likes and dislikes? Try new tasks?

Acknowledge his mistakes?

Seem relaxed and happy?

Express a wide range of emotions?

Establish eye contact?

Exhibit confidence in his own abilities?

Appear to be developing a conscience?

Move in a relaxed manner?

Smile easily?

Look comfortable when speaking with adults?

React positively to parent being physically close?

Have positive interactions with siblings and/or peers?

Does the parent...?

Show interest in child's school performance?

Accept expression of negative feelings?

Respond to child's overture?

provide opportunities for child to be with peers?

Handle problems between siblings with fairness?

Initiates affectionate overtures?

Use disciplinary measures appropriate for child's age?

Assign the child age appropriate responsibilities?

Seem to enjoy the child?

Know the child's likes and dislikes?

Give clear messages about behaviors that are approved or disapproved of?

Comment on positive behaviors as well as negative?

## Observation Checklist:

### What to Look for in Assessing Attachment and Bonding:

#### Adolescents

Is the Adolescent...?	Does the parent...?
Aware of personal strengths?	Set appropriate limits?
Aware of personal weakness?	Encourage self-control?
Comfortable with his sexuality?	Trust the adolescent?
Engaging in positive peer interactions?	Show interest in and acceptance of adolescent's friends?
Performing satisfactorily in school?	Display an interest in the teen's school performance?
Exhibiting signs of conscience development?	Exhibit interest in teen activities?
Free from severe problems with the law?	Have reasonable expectations regarding chores and household responsibilities?
Aware of his parents' values?	Stand by the adolescent if he gets in trouble?
Keeping himself occupied in appropriate ways?	Show affection?
Accepting of adult imposed limits?	Think this child will "turn out" okay?
Involved in interests outside the home?	
Developing goals for the future?	
Emotionally close to parents?	