



State of Illinois

Illinois Department on Aging  
Illinois Department of Insurance

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# Governor's Conference on Aging

December 9-11, 2009

Marriott Chicago Downtown

Chicago, Illinois

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Illinois Department of Insurance



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# Conference at a

# Glance

## Wednesday ► December 9, 2009

- 8:00 a.m. – 4:00 p.m. Conference Registration
- 9:00 a.m. – 4:00 p.m. Conference Intensives
- 4:30 – 7:00 p.m. **Welcoming Reception**
- 4:30 – 7:00 p.m. Exhibits Open

## Thursday ► December 10, 2009

- 8:00 a.m. – 4:00 p.m. Conference Registration
- 9:00 – 10:00 a.m. Continental Breakfast
- 10:00 a.m. – Noon **Opening General Session**
  - Welcome:
    - Director Charles D. Johnson**, Illinois Department on Aging
    - Director Michael T. McRaith**, Illinois Department of Insurance
  - Keynote Address:
    - Jonathan Edison
    - It Takes Teamwork to Make the Dream Work*
- 10:30 a.m. – 5:00 p.m. Exhibits Open
- Noon – 1:00 p.m. Lunch on your own
- 1:00 – 2:00 p.m. Concurrent Sessions
- 2:00 – 2:20 p.m. Break
- 2:20 – 3:20 p.m. Concurrent Sessions
- 3:20 – 3:45 p.m. Break
- 3:45 – 4:45 p.m. Concurrent Sessions

## Friday ► December 11, 2009

- 8:00 a.m. – Noon Conference Registration
- 8:00 – 9:00 a.m. Continental Breakfast
- 9:30 – 10:30 a.m. Concurrent Sessions
- 10:30 – 10:45 a.m. Break
- 10:45 – 11:45 a.m. Concurrent Sessions
- 11:45 a.m. – 1:30 p.m. **Awards Luncheon**
- 1:30 p.m. Adjourn

## Going Green

The Department on Aging is excited to announce the following “green” conference effort for the 2009 Governors Conference on Aging:

Session handouts will not be provided at the Conference; however, they will be available for you to download and print December 1– 30, 2009, from the Department on Aging’s Web site at [www.state.il.us/aging](http://www.state.il.us/aging).

## Exhibit Hall

### DATES OF SHOW:

Wednesday, December 9  
4:30 – 7:00 p.m.

Thursday, December 10  
10:30 a.m. – 5:00 p.m.

### SET-UP TIME:

Wednesday, December 9  
Noon – 4:30 p.m.

### TEAR-DOWN TIME:

Thursday, December 10  
5:00 p.m.

If you would like exhibit booth information, please call Gidget Freeberg at 217-557-8312.

## Continuing Education Information

All participants interested in obtaining continuing education (CE) credits **must visit the CE table and sign in daily**. Continuing education certificates are available free of charge.

### Registered Nurses:

Oakton Community College, Alliance for Lifelong Learning, Continuing Education for Health Professionals, is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

..... 11.5 contact hours

**Licensed Social Workers/Licensed Clinical Social Workers and Nursing Home Administrators:** (11.5 contact hours) Certificates are available through the Illinois Department on Aging.

**Professional Counselors/Clinical Professional Counselors:** (11.5 contact hours) Certificates are available through Oakton Community College/ALL/CEHP.

**Other Professional Groups:** (11.5 contact hours) One universal training hour (UTH) from Oakton Community College is equal to one 60-minute clock hour.

This also will serve as a certificate of attendance. Interested participants must sign in at the CE table in order to receive this certificate.

For more information concerning CE credit hours, contact Cindy Flayton at 312-265-0852 or email: [cindyflayton@gmail.com](mailto:cindyflayton@gmail.com).

## Questions?

**For questions regarding Registration, Exhibits/Presenters or the Program, contact** Gidget Freeberg, 217-557-8312, [gidget.freeberg@illinois.gov](mailto:gidget.freeberg@illinois.gov)

**For questions regarding the Awards Luncheon, contact** Maureen Squires, 217-785-8683, [maureen.squires@illinois.gov](mailto:maureen.squires@illinois.gov)

# Opening General **S**ession



**Jonathan Edison, M.Ed., Michigan**

## **It Takes Teamwork to Make the Dream Work**

Thursday, December 10  
10:00 a.m. – Noon

## **More Special Events**

### **Welcoming Conference Reception**

Wednesday, December 9  
4:30 – 7:00 p.m.

Come and enjoy the Welcoming Reception and plan to join your conference peers and friends for relaxation and delicious hors d'oeuvres.

### **Awards Luncheon**

Friday, December 11  
11:45 a.m. – 1:30 p.m.

The annual Awards Luncheon will honor the Aging Network's exceptional public servants. Awards will once again be given by various professional associations to individuals and organizations whose contributions and accomplishments merit special recognition.

The success of your organization is determined by the decisions and choices that each individual employee makes. Decision-making is a critical part of what makes your business run. *It Takes Teamwork to make the Dream Work* is a persuasive presentation that influences employees to make decisions that are based on T.E.A.M (Together, Everyone, Achieves, Miracles) concepts, in order to produce the right results. Influencing individuals in your organization to embrace the ideals and philosophies of Teamwork to make the Dream Work will create the success both individually and collectively for your company.

Jonathan Edison is the quintessential example, teacher and motivator of success-centered technologies.

Jonathan provides individuals with strategies that empower them to overcome obstacles and achieve “UNSTOPPABLE” success.

Jonathan was born into poverty in Detroit, Michigan, fraught with urban-societal issues. He graduated from high school with a GPA of 1.63 and completed his first year of college with a GPA of only 0.86 before dropping out. Many individuals with Jonathan's poor past academic record who grew up in similar environments, find themselves permanently relegated to states of disenfranchisement, poverty and failure, but not Jonathan Edison. After years of failure, Jonathan connected with his inner greatness and began to focus on creating success in his life. He went on to complete 4 college degrees in Education and Leadership Supervision. At age 27, Jonathan distinguished himself as the youngest Assistant Principal in the history of Detroit Public Schools. In 2002 Jonathan was recognized as Wayne County Spokesman for Success.

Motivated by the shock of a sudden lay-off of hundreds of dedicated educators, which was tantamount to corporate down sizing, Jonathan decided to take his future into his own hands. Today Jonathan is the CEO and President of Edison Speaks International, a motivational and training Development Company dedicated to empowering others. Edison Speaks International specializes in Customer Service, Leadership Training, Change Management, Team Building, and Performance Management.

Jonathan is recognized throughout Corporate America and the Educational Community for his charismatic, dynamic and uniquely engaging presentations. Jonathan's genius lies in his ability to reveal and teach the secrets of becoming the “CEO” of you. Some of Jonathan's Fortune 500 clients include: Blue Cross Blue Shield, CVS Pharmacy, FBI, Federal Reserve Bank, Verizon Wireless, DaimlerChrysler and Hewlett-Packard. Jonathan's educational clients include: Texas Southern University, Prince George County Schools, Milwaukee Public Schools and Oakland University.

▶ CCP ADVISORY COMMITTEE  
9:00 A.M. – NOON

▶ INTENSIVES  
9:00 a.m. – Noon

**W<sup>1</sup>.  
Creative Juices Dried Up?  
Rejuvenate Yourself through  
the Creative Fountain  
of Activity Programming  
for Seniors!**

*Carol Acord, Manager, Circle of Friends Adult Day Service, Champaign*

*Pat Stacy Cohen, Project Manager, Illinois Adult Day Service Association, Chicago*

Have your creative juices dried up or just trickled out? New or experienced activity staff will get those juices flowing again through this interactive session of learning and sharing. Participants will leave with tips and techniques that guarantee success in activity programming for seniors!

▶ 9:00 a.m. – 4:00 p.m.

**W<sup>2</sup>.  
Long-Term Care: Talking,  
Deciding, Taking Action**

*Amy Griswold, M.A., Extension Educator, Family Life, University of Illinois Extension, Macomb*

*Paul McNamara, Ph.D., Extension Specialist, Consumer and Family Economics, University of Illinois Extension, Urbana*

*Katherine Reuter, M.S., Extension Educator, Consumer and Family Economics, University of Illinois Extension, Countryside*

*Rachel Schwarzendruber, M.A., Extension Educator, Family Life, University of Illinois Extension, Macomb*

*Kathryn Sweedler, M.S., Extension Educator, Consumer and Family Economics, University of Illinois Extension, Champaign*

This intensive session will present four, one-hour workshops and preview the supporting website developed by the University of Illinois to assist families and aging network professionals in planning for long-term care. Topics include financial options, housing decisions, and personal and family issues involved in long-term care planning.

**W<sup>3</sup>.  
Illinois Cares Rx Training  
and Medicare Updates**

*Mark Huston, Division Manager, Circuit Breaker Program, Illinois Department on Aging*

*Sandy Leith and Laura Garcia, Educational Specialists, SHIP, Illinois Department of Insurance*

This training will cover procedures for the IL-1363: Application for Illinois Cares Rx and Circuit Breaker available in 2010. Session discussion will include benefits, eligibility requirements and filing procedures. Representatives from SHIP will go over details about the Part D enrollment season with respect to benefits, benchmarks and coordination with Illinois Cares Rx.

▶ WELCOMING RECEPTION  
4:30 – 7:00 p.m.

▶ 1:00 – 4:00 p.m.

**W<sup>4</sup>.  
Harry and Louise 15 Years  
Later: Visions for Long-  
Term Care Reform  
in Illinois**

*Rebecca Cruz, Executive Director, Asi, Chicago*

*Michael Gelder, Senior Health Policy Advisor, Office of the Governor, Chicago*

*Phyllis Mitzen, Member, Illinois Council on Aging, Co-Director, Center for Long-Term Care Reform, Health and Medicine Policy Research Groups, Chicago*

*Dana Rosenzweig, LCSW, Executive Director, St. Clair County Mental Health Board, Belleville*

*State Senator Heather Steans, Chicago*

*Pat Taylor, Member, Illinois Council on Aging, Winnetka*

*Eugene Verdu, Chair, Illinois Council on Aging, Swansea*

*Steven C. Wolf, President, Eldercare, Inc., and Columbia Convalescent Center, Inc., Columbia*

Remember Harry and Louise? They appeared in commercials for the insurance industry credited with defeating the 1993 Clinton health reform. They're back. Close to retirement age, they speak for reform. Members of the Illinois Council on Aging, representing different groups of health care consumers, will discuss visions for long-term care reform. Attend this intensive to discover the views of the state administration and six other interest groups.

10:00 a.m. – Noon ► OPENING GENERAL SESSION

Keynote Address by Jonathan Edison

**It Takes Teamwork to Make the Dream Work**

► Concurrent Sessions

1:00 – 4:45 p.m.

T1.

**On the Fast Track to 2010 Medicare Changes. What is on the Horizon for Dually-Eligible Beneficiaries?**

*Lisa Zuurbier, Division Manager, Community Relations and Outreach, Illinois Department on Aging*

*Hilary Sohmer-Dalin, Associate Director, My Medicare Matters, National Council on Aging, Washington, D.C.*

*Sandy Leith, Lead Education Specialist, SHIP, Illinois Department of Insurance*

*Lisa Voils, Acting Bureau Chief, Bureau of Pharmacy Services, Department of Healthcare and Family Services*

*Terri Gendel, Director, Benefits & Advocacy, AgeOptions*

This panel of experts from various agencies, along with special guest Hilary Dalin of My Medicare Matters, National Council on Aging, will present an educational perspective on the programs available for persons with the Medicare Part D Low Income Subsidy and qualifying for the Medicare Savings Programs, (QMB, SLMB and QI), in Illinois.

► 1:00 – 2:00 p.m.

T2.

**Balancing Long-Term Care through Money Follows the Person: A Statewide Perspective**

*Jean Summerfield, Money Follows the Person Project Director, Illinois Department of Healthcare and Family Services, Chicago*

*Paul Bennett, Assistant to the Director, Money Follows the Person Project, Chicago*

In 2009, Illinois began implementation of the Money Follows the Person (MFP) federal initiative through the Centers for Medicare and Medicaid. The goals of MFP are to increase the use of home and community-based long-term care services; eliminate barriers that prevent or restrict flexible use of Medicaid funds for necessary long-term services in the settings reflecting individual choice; increase the ability to assure continued community-based long-term services to eligible individuals after transition, and ensure quality assurance and improvement continuously occurs for community-based long-term care services.

This session will cover those goals, strategies, and the experience of implementing the projecting in Illinois. Emphasis will be placed on the efforts of the Illinois Department on Aging and the Illinois Department of Human Services. Included will be a presen-

tation of the initiative's overall quality assurance strategies already being recognized nationally as a best practice.

T3.

**The Role of Medications in Falls Safety, and the Benefits of Medication Management and Medical Alert Programs**

*Ann Marie Gignac, Philips Lifeline, LaGrange*

Numerous factors are associated with an increased risk of falling and fall-related injuries, but none is as potentially preventable or reversible as medication use. This session will introduce medications and medication classes shown to increase the risk of falling, and refer to strategies professionals in the Aging Network can use to reduce the risk of falls associated with medication use among older adults living at home.

T4.

**Children of Incarcerated Parents and their Caregivers**

*Ngozi Harris, Family Services Coordinator, Lutheran Social Services of Illinois: Connections, Chicago*

*Valerie Everett, Director, Lutheran Social Services of Illinois: Connections, Chicago*

Children of incarcerated parents are a largely unknown population. Little information is available about the effects of parental incarceration on the child. Participants who attend this session will learn about the current needs of children of incarcerated parents as well as caregivers, who are largely grandmothers.

(Continued on next page.)

T5.

**Negotiating the “No”**

*Kelley Kania, Care Coordinator, Aging Care Connections, LaGrange*  
*Cori Robin, Older Adult WRAP Around Facilitator and Therapist, Western Springs*

This session will explore barriers that hinder elders from accessing and accepting assistance from various providers. Case examples will be shared while discussing different strategies on how to deal with barriers and ultimately ensure the safety and care of these clients.

T6.

**Building Better Bones and Balance: A Community Collaboration**

*Marjorie Getz, Adult Development and Aging Instructor, Bradley University, Peoria*

*M. Barbara Campbell, Director of Marketing, Institute of Physical Medicine and Rehabilitation, Peoria*

This session will demonstrate an effective screening program to assess risk for accidental falls and osteoporosis. It will offer evidence-based procedures, including health promotion education for aging participants. The results of the six-month follow-up of a study will be discussed and will reveal that 31 percent of participants were still following recommendations made to them during the program — a noteworthy number in a population with a reputation for being resistant to behavioral changes.

T7.

**The Practical Side of Advance Directives and Estate Planning**

*Marc Miller, Attorney, Miller and Hendren, LLP, Champaign*

A practical review from a private practice attorney on the use of healthcare powers of attorney, living wills, durable powers of attorney, wills and trusts. Discussion will address practical advice for support service providers, social workers and caregivers.

T8.

**Learn About Fit and Strong!**

*Susan Hughes, Professor, Co-Director, University of Illinois at Chicago, Center for Research on Health and Aging, Chicago*

*Pankaja Desai, Project Manager, University of Illinois at Chicago, Center for Research on Health and Aging, Chicago*

This session will explore the program Fit and Strong so participants understand the evidence supporting its effectiveness. Discussed will be current and future dissemination efforts and lessons learned that promote success in offering the program. Strategies will be identified for expanding reach, implementation, maintaining fidelity and sustaining Fit and Strong in community-based settings.

T9.

**How to Talk About the Pink Elephant**

*Maria Nanos, Associate Director, Center for Law and Social Work, Chicago*

The ‘Pink Elephant’ is what everyone knows is happening but no one wants to talk about. Violence, neglect, abuse, drug use, chronic illness and verbal conflict are some of the issues families struggle with daily. Join this session and learn how to start the difficult discussions.

▶ 2:20 – 3:20 p.m.

T10.

**Elder Rights and Person-Centered Approaches to Care**

*Maureen Statland, M.A., Executive Director, Illinois Pioneer Coalition, Northbrook*

Person-centered approaches to care are at the heart of the culture change movement. They are designed to ensure that elders have a voice in all aspects of their daily life. Learn about strategies used across the long-term care continuum designed to ensure that the wishes of older adults are respected in everything from bathing to dining to end-of-life practices.

T11.

**Improving Connectivity Using Life Stories**

This session has been cancelled.

T12.

**Aging Services for Lesbian, Gay, Bisexual and Transgender Elders: Preparation, Planning and Inclusion**

*Serena Worthington, Senior Director of Public Programs, Center on Halsted, Chicago*

There are currently three million seniors who are lesbian, gay, bi-

(Continued on next page.)

sexual or transgender (LGBT), and that number is expected to double by 2010. Providers of senior services are preparing for this wave of LGBT elders by planning for inclusion. Real-life examples from New York, Boston and Chicago will provide a range of models for mainstream providers.

**T13. Multicultural Outreach and Healthy Aging: Models from the Parkinson's Disease Community**

*Diane Breslow, MSW, LCSW Center Coordinator, Northwestern University Parkinson's Disease and Movement Disorders Center, Chicago*  
*Paula McFeely Wiener, MSW, LCSW, Community Outreach Manager, Parkinson's Disease Foundation, Chicago*

Community Partners for Parkinson's, a successful national outreach program, combines expertise of professionals and grassroots volunteers to help people in underserved communities acquire information, support and care. Attend this session to discover how to effectively promote awareness, understanding, and clinical trial participation among those with Parkinson's.

**T14. The DON/Service Cost Maximum Study for CCP and HSP in Illinois: Recommendations and Findings**

*Phyllis Mitzen, Co-Director, Center for Long Term Care Reform, Health and Medicine Policy Research Groups, Chicago*

*Thomas Prohaska, Ph.D., Co-Director, Center for Research in Health and Aging, University of Illinois at Chicago*

*Susan Hughes, DSW, Co-Director, Center for Research in Health and Aging, University of Illinois at Chicago*

*Sandra Alexander, MSW, Manager, Division of Planning, Research and Development, Illinois Department on Aging, Chicago*

In Illinois, the same Determination of Need (DON) assessment tool is used for people 60 years of age and older and for younger people with disabilities. Advocates asked why older adults receive less service. This session will look at the characteristics of both populations and best practices in other states, and define a rationale for providing more flexible service packages to older adults.

**T15. Advocacy for Senior Issues**

*Diane Saunders, Region V Director, National Silver Haired Congress, Darien*

*Consuelo LeZama, Senior Advocate, National Silver Haired Congress, Bolingbrook*

Senior advocates are grassroots volunteers who are experts in senior issues and are determined to bring them to the attention of Congress. The National Silver Haired Congress meets annually in Washington, D.C. to present these pressing issues to national leaders. Representatives from each state submit their issues before the delegation and those that pass are presented on Capitol Hill. This session will explore how to

best advocate on behalf of seniors on Capitol Hill.

**T16. Role of Grandparents in Child Welfare and Child Protection**

*Colleen Connolly, Staff Attorney, Legal Assistance Foundation of Metropolitan Chicago, Chicago*

What rights do grandparents have when grandchildren are removed from either the parental home or the grandparent home? Learn how children become state wards or are 'diverted' from state custody and the impact of court involvement and child welfare systems on grandparents' rights — including becoming foster parents, adoptive parents and legal guardians. Visitation rights will also be examined.

**T17. OMG, I've Become My Father**

*Melanie Chavin, Vice President, Program Services, Alzheimer's Association, Greater Illinois Chapter, Chicago*

*Melissa Kahn, Kahn HealthCare Consulting, Chicago*

We all have moments in our lives when we realize that we are more like our parents than we would like to admit. This is often seen in how we approach relationships or raise our children. This interactive workshop challenges participants to examine their own views, influences and our personal experiences of growing older. Our parents and other elders in our lives influence our experience with aging in both positive and negative ways, and sometimes in surprisingly humorous ways as well. Come prepared

*(Continued on next page.)*

to learn, laugh and ponder. All ages are welcome, but the intended audience for this presentation is baby boomers and beyond who are embarking on their own journey of aging.

▶ 3:45 – 4:45 p.m.

**T18.**  
**Reversal of Fortune:  
 Using a Reverse Mortgage  
 to Age in Place**

*Mark Schmidt, Reverse Mortgage  
 Loan Officer, Bank of America*

*JoAnn Nogan, Vice President,  
 Reverse Mortgages, Bank of America*

Reverse mortgages help “house rich and cash poor” seniors age 62 and over access their home equity to pay for such things as medical expenses, home healthcare, property taxes, or home modifications. There are **no monthly payments** on a reverse mortgage, allowing seniors to stay in their home for as long as they want. This government loan was improved in 2009 as part of the Stimulus Package.

**T19.**  
**Self-Neglect in Illinois:  
 Developing an Assessment  
 Measure and Program  
 Outcomes**

*Madelyn Iris, Director, Leonard  
 Schanfield Research Institute, Counsel  
 for Jewish Elderly SeniorLife, Chicago*

*John Ridings, Director of Outcomes  
 and Evaluation, Metropolitan Family  
 Services, Chicago*

*Kendon Conrad, Professor of Health  
 Policy and Administration, University  
 of Illinois at Chicago, School of Public  
 Health, Chicago*

This session presents information on a new elder self-neglect measure and the results of a recently completed field test. Copies of the instrument will be distributed and instructions for use provided. Results of a study to develop outcomes for a statewide elder self-neglect program will be discussed.

**T20.**  
**Helping Families When  
 the Diagnosis is Dementia**

*Daniel Kuhn, MSW, Director,  
 Professional Training Institute,  
 Alzheimer’s Association, Greater  
 Illinois Chapter, Chicago*

When a person is diagnosed with Alzheimer’s disease or a related dementia, a host of concerns should be addressed by the individual’s family and friends. The need for education, support and planning for disability are paramount. This session will focus on practical issues such as disclosure of the diagnosis, driving a car, money management, and changing roles and relationships.

**T21.**  
**Assisting the Older  
 Job Seeker**

*Kerry Finegan, Employment  
 Specialist, AgeOptions, Oak Park*

Do you know how to make a résumé “ageless?” Do you know any age-friendly employers? The rise in the unemployment rate has everyone rethinking their job search, including older workers. Learn how to best support older

job seekers with tips and resources available in their communities.

**T22.**  
**Serving Individuals with  
 Early Stage Memory Loss**

*Nicole Batsch, Director, Early State  
 and Support Services, Alzheimer’s  
 Association, Greater Illinois Chapter,  
 Chicago*

*Barbara Brandt, North Shore Senior  
 Center House of Welcome Adult Day  
 Services, Northfield*

*Ruth Folkening, Aging Care  
 Connections, LaGrange*

*Judy Holstein, CJE Senior Life Adult  
 Day Services, Evanston*

This session will describe four programs serving individuals diagnosed with early stage dementia. Each is a model of delivery addressing a unique aspect of the disease. The following interventions will be discussed: physical exercise, brain fitness, cultural outings, and emotional support. Panelists will describe the recruitment of early stage participants, the program’s objectives and benefits to both the individuals diagnosed and the sponsoring organization.

**T23.**  
**Aging and IDOT —  
 Building a Relationship  
 to Benefit Your Clients**

*Anna Oestreich, Executive Director,  
 Bond County Senior Center, Greenville*

*David Spacek, Bureau Chief,  
 Downstate Area Programs, Division  
 of Public and Intermodel  
 Transportation, Illinois Department  
 of Transportation*

Want to improve access to transportation for your clients? Attend this session to learn about down-

(Continued on next page.)

state public transportation in Illinois. You will leave with a variety of resources that will help you provide safe, efficient transportation service while saving you money.

**124.**  
**Caregiving and Care Receiving: An Ethics of Solidarity**

This session has been cancelled.

**125.**  
**Older Adult Services Act — Four Years later**

*Sandra Alexander, MSW, Manager, Division of Planning, Research and Development, Illinois Department on Aging, Chicago*

*Janice Cichowlas, Ph.D., J.D., Policy Analyst, Illinois Department on Aging, Chicago*

The purpose of the Older Adult Services Act, signed into law on August 27, 2005, was to promote a transformation of Illinois' comprehensive system of older adult services from funding a primarily facility-based delivery system to primarily a home- and community-based system. Speakers will discuss accomplishments and set-backs four years later.

## Friday, December 11

▶ 9:30 – 10:30 a.m.

**F1.**  
**Breaking Barriers: Improving Access to Public Benefits**

*Maribeth Stein, Outreach Specialist, AgeOptions, Oak Park*

*Hilary Sohmer-Dalin, My Medicare Matters, National Council on Aging, Washington, D.C*

Discover how to break barriers and formulate strategies for reaching people about public benefit programs who are limited-English speaking and from hard-to-reach populations. Learn about resources available through the National Center for Benefits Outreach and Enrollment to create community-based, person-centered Benefits Enrollment Centers for seniors and individuals with disabilities.

**F2.**  
**From Capitol Hill: Legislative Status and Update on Social Security and Medicare**

*Laura Feldman, Grassroots Manager, The National Committee to Preserve Social Security and Medicare, Washington, D.C.*

This session will take an enlightened and lively look at the healthcare battle and entitlement entanglements. Attend this session to find out the Washington scoop and what can you do about it.

## ▶ Concurrent Sessions

**F3.**  
**Thriving, Maintaining or Cutting Back? What's Happening with Long-Term Care Policy for Older Adults in Ten Midwest States**

*Amy Wiatr, Aging Services Program Specialist, U.S. Administration on Aging, Chicago Regional Support Center, Chicago*

Are states discovering any long-term care rebalancing opportunities in the economic crisis? How have states decided to decrease or maintain certain long-term care programs? This session will discuss the current long-term care decisions of surrounding states in more detail to better understand how they could apply within Illinois' unique long-term care system.

**F4.**  
**Understanding the Role of the Geriatrician and the Geriatric Team**

*Roger Wiese, M.D., Alexian Brothers Older Adult Health Care, Elk Grove Village*

*Erin Vogt, LCSW, ACSW, CCM, Alexian Brothers Hospital Network, Elk Grove Village*

The Aging Tsunami is coming and with it comes a demand for physicians and other healthcare professionals who have an expertise in geriatrics. In this session, participants will learn about normal aging versus disease, what a geriatrician does and doesn't do, how the team approach to geriatric care works, and much more.

(Continued on next page.)

F5.

### **Vision Loss Rx: Strategies for Safe and Independent Medication Management**

*Polly Abbott, Director of Rehabilitation Services, Guild for the Blind, Chicago*

*Janice Feinberg, PharmD, J.D., Research Director, American Society of Consultant Pharmacists, Chicago*

It is essential for health and safety to be able to take medication correctly. One in four older adults has some form of permanent vision loss which makes reading prescription labels and related information very difficult. Learn techniques and view devices used to independently manage medication. Gain an awareness of what is being done on a national level to improve access to prescription information for people with vision loss.

F6.

### **Caring Together, Living Better: Supporting Caregivers through Faith-Based Community Partnerships**

*Sarah Stein, M.A., Caregiver Coordinator, AgeOptions, Oak Park, Illinois*

*Katrina Garrett, Caregiver Community Organizing Specialist, AgeOptions, Harvey*

Learn from the successes and challenges of developing a grassroots caregiver support project. “Caring Together, Living Better” uses the expertise of the Aging Network, the strength of churches and community institutions, the influence of local officials and the heart of kin

networks to meet caregivers’ needs in Chicago’s south suburbs.

F7.

### **Recommended Approaches: Improving Coordination**

*Susan Real, Planning and Program Manager, East Central Illinois Area Agency on Aging, Bloomington*

*Marsha Johnson, CCU Supervisor, Community Care Systems, Inc., Shelbyville*

This session will describe the steps needed to take in Illinois to improve coordination through a model of comprehensive care coordination that implements evidenced-based promising practices. The proposed coordination model will create a system of accountability to ensure coordination occurs and there is integral communication between the silos of healthcare and social services to ensure safe, medical monitoring for high-risk case management clients.

F8.

### **Driving Rehabilitation — To Drive or Not to Drive**

*Vicky McKenna, Occupational Therapist, Alexian Rehabilitation Hospital, Elk Grove Village*

*Jodie Auliff, Occupational Therapist, Alexian Rehabilitation Hospital, Elk Grove Village*

The process of determining a person’s ability to drive can be difficult. Medical issues often result in problems with physical skills, cognitive skills, vision or perception. Become familiar with Driving Rehabilitation and strategies used to promote safe driving or the transition to no longer being able to drive.

▶

10:45 –11:45 a.m.

F9.

### **Emergency Home Response Service: Spare Tire or Steering Wheel?**

*Kip Speer, Director of Client Services, Healthcom, Inc.*

This session will address the little known yet inherent capabilities of EHRS systems. We will look at the device category not as a medical alarm system but as a home-centric, two-way communication system with connection possibilities to remote sensors; in essence, a telehealth system.

F10.

### **Housing Options: Keeping Seniors in the Community**

*Charles Golbert, Deputy Public Guardian, Office of the Cook County Public Guardian, Chicago*

*Susan Sherock, Assistant Deputy Public Guardian and Director of Case Management, Office of the Cook County Public Guardian, Chicago*

Community placement is critical for the independence and autonomy of many seniors. This session will discuss the clinical importance of community placement, and the legal right to community placement. The session will then describe the homecare program of the Cook County Public Guardian’s Office, which maintains about a third of its wards in the community. Tools discussed will include litigation, in-home services, community care funds, reverse mortgages, trusts and placing clinically harmonious wards together as roommates.

*(Continued on next page.)*

F11.

### **Long-Term Care Planning: Putting the Pieces Together**

Wendy Thornton, Consultant, Medicaid Matters, Glenview

This session illustrates how a retired couple combines legal, health, financial and caregiving resources to create a long-range plan to receive care at home, and postpone or prevent the need for nursing home care.

F12.

### **Illinois Health Care: Promoting an Improved Health Systems Response to Elder Abuse**

Lynda Dautenhahn, Violence Prevention Planner, Illinois Health Cares Statewide Coordinator, Illinois Department of Public Health, Springfield

Most cases of elder abuse are not reported to local law enforcement officials or to local service provider agencies. Many older adults interact on a fairly regular basis with health care professionals; Illinois Health Cares promotes training these professionals on the identification of, and proper clinical response to, elder abuse.

F13.

### **Work to Enhance the Mental Health Delivery System for Elders in Illinois**

Eric Weakly, MSW, MBA, President, Illinois Coalition on Mental Health and Aging, West Chicago, and, Community Planner, Northeastern Illinois Area Agency on Aging

Michael O'Donnell, Executive Director, East Central Illinois Area Agency on Aging, Bloomington, and, Legislative Chair, Illinois Coalition on Mental Health and Aging

Anne Posner, Chair, Geriatric Advisory Council to the Department of Mental Health, Oak Park, and Director of Community and Program Support, AgeOptions, Oak Park

Patty Black, AM, LCSW, Pillars, Vice President of Older Adult Services, Western Springs

The Illinois Coalition on Mental Health and Aging and the Geriatric Advisory Council are working to help set the agenda for changes in the mental health delivery system for elders in Illinois. Presenters will also discuss best practices and the current delivery system of counseling services to elders.

F14.

### **Backup Planning for Adoptive and Guardianship Families**

Maria Nanos, LCSW, Associate Director, Center for Law and Social Work, Chicago

Dana Corman, LCSW, J.D., Executive Director, Center for Law and Social Work, Chicago

Backup planning is a crucial step to secure children if a current adoptive parent or guardian becomes incapacitated or passes away. In addition, families face financial problems that can be avoided. Many children end up with uncertain futures because of a lack of planning. Attend this session to learn just how critical backup planning can be in the lives of these children.

F15.

### **Grandmother to Grandmother: New York to Tanzania**

Maureen Statland, Executive Director, Illinois Pioneer Coalition, Northbrook

Amy Goyer, Author and Consultant, Alexandria, Virginia

The documentary, *Grandmother to Grandmother*, introduces two outstanding projects — one in the Bronx, one in Tanzania — that have unique and effective approaches to supporting this population of grandparent caregivers and the grandchildren they are raising. Children who were “at risk” are now thriving. Grandmothers who felt hopeless are beginning to hope again. Attend this session to learn about this fascinating project.

F16.

### **Past Perfect, Present Tense: Responding to Alzheimer's with Common Sense**

Danette Wade, Ph.D., President, Illinois Association of Community Care Program Homecare Providers

Jonathan Krogh, M.A., President and CEO, Lamus Consulting, Chicago

This session will barely touch on the medical reasoning for Alzheimer's, but rather empower caregivers, both family and professional, with the mind set to utilize their knowledge and skills to provide grace-filled understanding and essential moment-to-moment caregiving necessary to sustain balance for both the client and the caregiver

► AWARDS LUNCHEON  
11:45 a.m. – 1:30 p.m.



# Registration Form ▶ 2009 Governor's Conference on Aging

## 1. Conference Registration

(Please type or print legibly. This is how your name will appear on your badge.)

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

\_\_\_\_\_  
Name for Name Badge (if different from above)

\_\_\_\_\_  
Agency, Institution, or Company

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
Suite

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip Code

\_\_\_\_\_  
Work Phone

1- \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Are you a registered nurse?  Yes  No      Are you attending the Awards Luncheon?  Yes  No

## 2. Registration Fees (Check one)

	Postmarked	...on/before	...after
		Nov. 16:	Nov. 16:
Full Conference (Full conference fee includes luncheon, reception and breaks)		\$175.00	\$200.00 \$ _____
Student rate (full conference only)		\$100.00	\$125.00 \$ _____
Wednesday, December 9, only		\$70.00	\$95.00 \$ _____
Thursday, December 10, only		\$100.00	\$125.00 \$ _____
Friday, December 11, only (includes luncheon)		\$115.00	\$140.00 \$ _____
<input type="checkbox"/> I have one or more guests attending and will want _____ additional tickets for the December 11 luncheon ..... @ \$50 per ticket = \$ _____			
Presenter and Exhibitor Rate (full conference only)		\$100.00	\$ _____
			<b>Total Enclosed:</b> \$ _____

## 3. Payment (Must accompany registration form)

by  Check:

Please make all checks payable to  
**Illinois Public Health Association (IPHA).**



Mail by November 20, 2009, to:  
Illinois Public Health Association  
223 S. 3rd Street  
Springfield, IL 62701  
FEIN: 36-6108-790

by  Visa or Mastercard:

On-line registration is available when paying with Visa  
or MasterCard: **www.ipha.com.**

You may also contact IPHA by:  
E-mail: ipha@ipha.com  
Fax: 217-522-5689  
Phone: 217-522-5687

Registrations after November 20, 2009, will be handled on-site.

# Hotel Registration

# I nformation

## Marriott Chicago Downtown

540 N. Michigan Avenue  
Chicago, Illinois

All conference sessions and functions will be held at the Marriott Chicago Downtown in the heart of downtown Chicago. The hotel is ideally situated within walking distance of the Magnificent Mile, Navy Pier, the Art Institute, the Loop business district, fine dining and so much more.

Sleeping room rate for the conference is \$129.00 plus taxes for single, double, triple or quad occupancy. Please note that personal checks are not accepted at the hotel. All guests shall make reservations directly through the Marriott Reservations at 1-800-228-9290 or 312-836-0100. **Please identify yourself with the Illinois Department on Aging, Governor's Conference on Aging to ensure the conference rate.**

Hotel sleeping room reservations must be made **by November 16, 2009.**

Call Marriott Reservations, 1-800-228-9290 or 312-836-0100.

## Driving Directions

### From the North/Northwest

I-94 (Edens Expressway) or I-90 East (Kennedy Expressway) to the Ohio Street exit (50B). Ohio is a one way street. Continue straight ahead on Ohio for  $\frac{3}{4}$  mile to Rush Street. Turn Right.

### From the West

I-290 East (Eisenhower Expressway) to I-90/94 West. Follow I-90/94 to the Ohio Street exit (50B). Ohio is a one way street. Continue straight ahead on Ohio for  $\frac{3}{4}$  mile to Rush Street. Turn Right.

### From the South

I-57 North to I-90/94 West (Dan Ryan Expressway). Follow I-90/94 to the Ohio Street exit (50B). Ohio is a one way street. Continue straight ahead on Ohio for  $\frac{3}{4}$  mile to Rush Street. Turn Right.

### From the Southwest

I-55 North (Stevenson Expressway) to I-90/94 West. Follow I-90/94 to the Ohio Street exit (50B). Ohio is a one way street. Continue straight ahead on Ohio for  $\frac{3}{4}$  mile to Rush Street. Turn Right.

### From the Southeast

I-80/94 West (tollway) to I-94 West (Bishop Ford Freeway). Follow I-90/94 to the Ohio Street exit (50B). Ohio is a one way street. Continue straight ahead on Ohio for  $\frac{3}{4}$  mile to Rush Street. Turn Right.